

Home Office Check-List

Do you have everything you need in your home office to be efficient, keep orangized and stay healthy?

Task Chair		 Ergonomic features that promote good posture Adjustable arms for support while typing Back support and height adjustability
Desk		Adjustable height or 28" to 30"H off the floor Plenty of space to complete your work Monitor at eye level
Lighting		Surface level task lighting Eliminate glare from natural light
Misc.	AHA H	Adequate amount of storage Organizational tools to promote efficiency

Let's make your HomeWork for you!



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